



## Ways to reduce the money going out

### Energy

You may be entitled to [grants or benefits to help pay for your energy bills](#) and if you are vulnerable you should contact your energy supplier and ask to be added to the **priority services register** this will ensure that your energy supply is not cut off.

To cut your future bills you should make sure you're on the best deal you can get a [use our price comparison tool](#) to check.

Have you heard of ECO4? This provides grants for energy saving improvements to residential properties. Take a look at ECO4 and other [heating and insulation grants on the entitledto website](#).

### Water

The Energy Saving Trust estimates that replacing an inefficient shower head with an efficient one could save a family of four £75 on their gas bill and about £120 on their water bill (if metered) each year. Use **Save Water Save Money's** [savings calculator](#) to see where money can be saved and to access water saving freebies such as regulating shower heads, tap inserts and more.

If you're struggling to pay your current bill, read our advice on how to [negotiate with your water company](#). Most water companies, like Wessex Water, have schemes or other ways to help customers who talk to them about problems.

We can help you apply for schemes to reduce the cost of your bill.



## Internet, phones, mobiles and TV

If you're getting any benefits you might be able to get a cheaper broadband deal called a 'social tariff'. It depends which benefits you get and where you live, you can [check which providers offer social tariffs on the Ofcom website](#)

16 million people are out of contract on their broadband or mobile and you might be able to **switch providers for a better deal** - check your terms and conditions to see if you're still under contract before trying to switch.

Many people are on older contracts but still paying the full price. Use the Money Saving Expert [broadband comparison](#) and [cheap Sim comparison](#) to find the best deals.

If you're **struggling to pay** your phone or broadband bills, [find out how to get a cheaper deal and manage any missed payments](#).

**[citizensadvice Somerset.org.uk/help-through-winter](https://citizensadvice Somerset.org.uk/help-through-winter)**

